Sports News Release

It’s a marathon, not a sprint as (insert name) takes on 36/72/100 holes in Prostate Cancer UK’s Big Golf Race

(Name, age) of (town/city/area) is answering Prostate Cancer UK’s fundraising call by taking part in [The Big Golf Race](https://prostatecanceruk.org/get-involved/activity/golf/the-big-golf-race?utm_source=bgrtemplate&utm_medium=press-release&utm_campaign=the-big-golf-race-24&utm_content=organic-link), the UK’s biggest golf fundraising challenge.

This year, the leading men’s health charity is urging more golfers to take part in The Big Golf Race to help save dads, grandads, brothers, uncles and friends from a disease that affects 1 in 8 men in the UK.

(Name) is raising money to help fund research to find better tests to save men’s lives by taking on the Marathon, which consists of four rounds and 26 miles of walking in a day/Half Marathon, two rounds of golf in a day and 13 miles of walking/Ultra Marathon, which consists of 100 rounds in a day and a whopping 35 miles of walking.

(Name) was inspired to take part in The Big Golf Race after/when (insert summary of motivation).

(Name) said: “I’m taking on the Big Golf Race because (insert detail about your motivation and/or link to prostate cancer or Prostate Cancer UK).”

Since The Big Golf Race was launched in 2020, more than 10,000 golfers have raised over £3.4m to help fund life-saving research to radically improve the way prostate cancer is diagnosed and treated.

Prostate Cancer UK ambassador and former Masters champion Danny Willett is also backing the epic challenge and hopes 2024 is another record-breaking year for The Big Golf Race.

He said: “The golf community’s response to The Big Golf Race has been incredible, so it’s no surprise that it’s now the biggest golf fundraising challenge in the UK. It just goes to show just how far golfers will go to raise money for an incredible cause and I’ll be doing all I can to help them this year.”

Seren Evans, Head of Events and Community Fundraising at Prostate Cancer UK, said: “We’re delighted with how many golfers, clubs and partners have embraced The Big Golf Race and helped to build it into a fun yet challenging way of helping to help save men’s lives.

“Prostate cancer is a disease killing one man every 45 minutes – roughly the time it takes to play three holes of golf – and it sadly exists in every golf club.

“But with the support of golfers like (name) and the thousands of others like them who have conquered The Big Golf Race, we’re able to continue to fund research into better tests and treatment for prostate cancer and keep men in the game for longer.

“We wish (name) all the best for (his/her/their) Big Golf Race challenge.”

**To join the thousands of other golfers in taking on Prostate Cancer UK’s Big Golf Race, visit** [**prostatecanceruk.org/TheBigGolfRace.**](https://prostatecanceruk.org/get-involved/activity/golf/the-big-golf-race?utm_source=bgrtemplate&utm_medium=press-release&utm_campaign=the-big-golf-race-24&utm_content=organic-link)

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**NOTES TO EDITOR**

For more information, please contact Seb Pearce, Sports & Lifestyle PR Officer at Prostate Cancer UK, at [sebastian.pearce@prostatecanceruk.org](mailto:sebastian.pearce@prostatecanceruk.org). Alternatively, email [pressoffice@prostatecanceruk.org](mailto:pressoffice@prostatecanceruk.org) or call 07984 325001.

**About Prostate Cancer UK**

* Prostate Cancer UK is the largest men’s health charity in the UK, striving for a world where no man dies of prostate cancer.
* The charity works to give every man the power to navigate the disease: by helping men understand their risk through our award-winning online risk checker; by providing them with trusted support and the information they need to make the right treatment choices for them; or by empowering them to make improvements for their path ahead, and for the paths of generations to come.
* Prostate Cancer UK is the driving force in prostate cancer research in the UK. Investing millions into the best researchers in the world to unravel the complexity of the disease, the charity has improved how men are diagnosed through funding cutting-edge technology like more accurate MRI scans. The charity works to give men precise and personalised care with the right treatments at the right time, for the best chance of living the full life they want and spending more time with those they love.
* Prostate Cancer UK also supports men living with and after prostate cancer, providing services like a Specialist Nurses helpline to give expert advice, and working with the NHS and its Clinical Champions to change the healthcare system so men are more involved in decisions and empowered to navigate prostate cancer.

**About prostate cancer**

* Prostate cancer is the most common cancer in men.
* More than 52,000 men are diagnosed with prostate cancer every year on average – that's 143 men every day.
* 1 in 8 men will get prostate cancer.
* Around 475,000 men are living with and after prostate cancer.
* Every 45 minutes one man dies from prostate cancer – that's more than 12,000 men every year.
* Prostate cancer is curable if caught early, but early-stage prostate cancer often has no symptoms, so it is vital that men know their risk.
* Men are at higher risk if they are over 50, Black or have a father or brother who has had prostate cancer.
* To help men check their risk in 30 seconds, Prostate Cancer UK have an online risk checker available here: <https://prostatecanceruk.org/risk-checker>

Anyone with concerns about prostate cancer can:

* Contact Prostate Cancer UK's Specialist Nurses in confidence on 0800 074 8383, or via email, webchat or WhatsApp at [prostatecanceruk.org/nurses](https://prostatecanceruk.org/nurses)
* Access online and printed health information at [prostatecanceruk.org/information](https://prostatecanceruk.org/information)
* Speak to trained volunteers with experience of prostate cancer at [prostatecanceruk.org/one-to-one](https://prostatecanceruk.org/one-to-one)

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